



Condé Nast Traveler's Seabourn

INSIDERTIPS

EXCLUSIVE PORT INFORMATION FROM THE WORLD'S MOST INFLUENTIAL TRAVEL MAGAZINE

BARBADOS

With a unique mixture of English traditions and Caribbean style, Barbados is often called "Little England." And if it weren't for the sunny skies, swaying palm trees, and wide expanse of ocean, you might be convinced you were in some London neighborhood. Rich in history and culture, Barbados offers plenty of historical attractions to keep visitors coming back.

Your Seabourn Tour Office has many shore excursions available that visit the better known highlights. Should you have visited those attractions already, the staff will be pleased to assist you with private arrangements to visit a few of the lesser known places we recommend here.

Phone Codes

Area: 246

Special Instructions: When calling from outside the country, dial 1+area code + city code + number, when dialing the city code, include the initial "0". When calling inside the country, dial just the local number.

"To Eat" Expense Key

\$ Inexpensive

\$\$ Moderate

\$\$\$ Expensive

\$\$\$\$ Very Expensive



TO SEE & DO

Museums, churches, forts, and government buildings recall the British empire of the 17th century.

St. Nicholas Abbey

Built in 1660, this is one of only three genuine Jacobean mansions in the Western Hemisphere. St. Peter's Parish
Daily 10-3:30; Closed Sat
422-8725

The Sugar Museum

The history of sugar cultivation and production in the 18th and 19th centuries is on display in this attractive museum. Portvale Sugar Factory, off Highway 2A
Mon-Sat, 9-5
432-0100

South Point Lighthouse

This first lighthouse in Barbados was shown at London's Great Exhibition in 1851 and assembled here the following year. Christ Church

Barbados Wildlife Reserve

Visit between 1:30 and 5, when the elusive green monkeys come out to feed. St. Peter
422-8826

Morgan Lewis Mill

Restored by the Barbados National Trust, this is the last working mill on the island as well as the oldest and largest. St. Joseph
Mon-Fri 9-5
422-7429

Tryal Cot

An architectural gem with an interesting mix of Palladian and tropical vernacular. Codrington Hill, St. Michael
Mon-Fri 9-5
424-2074



TO EAT

Barbados offers a bounty of culinary options for seafarers and landlubbers alike. Most restaurants offer a unique blend of Caribbean and Continental ambience with food that is second to none.

Fish Pot Restaurant

A charming spot ingeniously fitted into a 17th-century remnant of the old British garrison. Little Good Harbour Hotel
\$
Mon-Sat lunch 12-3, dinner 6-9
439-3000

Il Tempio

Pavarotti's favorite Italian restaurant when he stayed on the island, hence the "filetto alla Pavarotti" on the menu. Fitts Village
\$\$
Lunch 12-2:30; dinner 6:30-10;
Closed Mon
417-0057

Daphne's

The menu is part Italian and part Japanese, with an outdoor terrace just yards from the surf. Payne's Bay
\$\$
Mon-Sun lunch 12:30-3; dinner 6:30-10:30
432-2731

Sunbury Plantation House

Take a tour of this historic home and then enjoy a sumptuous buffet. St. Philip
\$\$\$\$
Lunch 11:30-4:30, dinner 7-11
(reservations required)
423-6270

The Terrace

Local and international award-winning cuisine served in an ideal setting overlooking the Caribbean. Cobblers Cove
\$\$\$\$
Mon-Sun lunch 12:30-2:30, dinner 6:30-9
422-2291



TO BUY

From cashmere sweaters to china, crystal, and electronics, Barbados has an extensive selection of duty-free items as well as some great local finds.

The Cruise Terminal

Offering duty-free shops, pushcarts, and unique Chattel Houses with hand-made garments for all ages, this terminal was designed primarily for the use of cruise passengers and crew members.

The Royal Shop

One of Barbados' leading watch and jewelry dealers. 32 Broad Street, Bridgetown
Mon-Thu 9-4:45; Fri 9-5:30; Sat 9-3;
Sun 9-12
429-7072

Pelican Village

A spacious shopping village that offers the best of local handicrafts while providing visitors the opportunity to see Barbados' craftsmen at work. Just opposite the village is Trevor's Way, an ideal respite from shopping where you can watch catamarans sailing by or fishing boats bringing in the catch of the day. Bridgetown
Open daily

Bayshore Complex

The recent restoration of this complex was part of an overall redevelopment plan for the Carlisle Bay area of Barbados. It includes a number of charming stores with upscale merchandise. Broad St., Bridgetown
Open daily

Earthworks Pottery

Beautiful tableware in traditional designs. #2 Edgehill Heights, St. Thomas
Mon-Fri 9-5; Sat 9-1; Closed Sun
425-0223



Locations, numbers, hours, and prices listed are subject to change. Hours are for peak season unless otherwise noted and may vary off-season, on holidays, and at the discretion of individual attractions and establishments.

The information provided herein are recommendations and Seabourn Cruise Line cannot guarantee purchases from the above establishments.